

Dear Friends,

Relief was the theme of 2021. Last year, we spent the majority of the \$120,000 in funds raised for hurricane relief to provide over 200 of our patients and their families with food aid, cookstoves, beds, construction supplies, items to resume their businesses, and homes. In this report, you will read about how the monies were spent.

Like the rest of the world, Honduras was anxious for relief from COVID last year. We worried about how quickly our staff and patients would receive vaccines given the country's annual per capita health spending is less than \$200. By last summer, all were vaccinated, a feat considering only 17% of Hondurans had received two doses by then.

In addition to these extraordinary humanitarian and disease control efforts, Siempre Unidos continued the ongoing clinical services that brought relief to our 484 HIV+ patients and over 2,000 community patients who rely on us for high-quality care delivered with dignity and compassion.

Thank you for your generous and sustaining support that ensured recovery and health,



Denise M. Main, MD
Co-founder & President,
Board of Directors



Mayra beams as she receives baking ingredients to kick-start her business after losing her supplies to flooding.

A MESSAGE FROM EL REVERENDO

Without a doubt, 2021 was "The Year After." It followed the year when two major events hit Honduras - the COVID pandemic and hurricanes Eta and Iota. With a health system on the verge of collapse, the most vulnerable members of our community faced the greatest threats to their health, housing, and jobs. It was a year of great challenges that would have been impossible for Siempre Unidos to confront and

respond successfully and effectively without the generous support of donors.

A thousand thanks, a million thanks to everyone.



The Rev. Pascual Torres
Co-founder & Honduras Executive Director



Pascual and a family who received hurricane relief to rebuild their home.

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CLINIC-BASED SERVICES

Exceeding the UNAIDS Goal



Siempre Unidos physician and laboratory technicians receive training on how to operate the viral load count machine.

To end HIV, we must stop the spread of the virus. Four years ago, we purchased a viral load count machine. Collecting samples from our HIV patients, we can monitor their viral loads to know if their counts are undetectable, low, or high. When undetectable, the virus cannot pass from one person to another.

We are proud to report that Siempre Unidos has been successful in achieving its current goal for patients to achieve undetectable viral loads. Through an active home visitation program, SU aggressively achieves excellent retention in treatment. Only 2.2% of our patients under care for 6 or more months have viral loads over 1,000 copies, and these are under an enhanced counseling program that includes resistance testing and the provision of third line ARVs if indicated (the remaining 3.8% are new patients). **94% of our patients have undetectable viral loads, exceeding the UNAIDS goal of 90%.**

ADVOCACY

HIV+ 50 years+

When Siempre Unidos was founded, the majority of its patients were young adults suffering from stigma and expulsion by their families; many died due to lack of antiretroviral (ARV) medications. Today, we serve 484 patients; thirty percent are 50 years and older.

We respond to the needs of all people who are impacted by HIV. With support from Gilead Sciences Inc., we developed new treatment protocols for this age group who suffer from higher incidence of cardiovascular and kidney disease, neurocognitive disorders, and osteoporosis than their HIV-negative peers.

Turning to our patients for their expertise, we recruited 8 people who are HIV+ 50+ to advise us on the services that include medical and psychosocial treatment protocols, screenings for vision, bone density, and other conditions, facilitation of support groups, and educational meetings with patients and their family members and caregivers.



A Siempre Unidos patient receives an eye exam.

OUTREACH

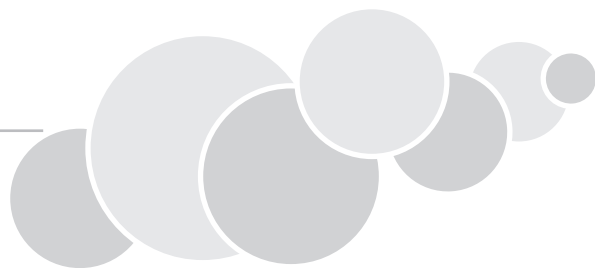
Health Fairs Fill Gap in Services



Dr. Martinez evaluates a child with a skin disorder.

Honduras is one of the poorest countries in Latin America and approximately half of its population lives on \$5.50 or less/day. As Pascual describes in his letter, the health system is failing. To help fill this gap, Siempre Unidos staged 21 day-long health fairs in unincorporated, unserved communities where internal migrants have built houses from discarded materials that flood during heavy rains.

The Siempre Unidos team ensured successful outreach through several steps. Before holding the fairs, the staff visited the communities, conducted needs assessments, and identified local leaders to secure their help in promoting the services. At the health fair, the Siempre Unidos doctor, nurse, HIV testing counselor, social worker, therapist, pharmacy assistant, and triage coordinator provided several medical, therapeutic, and educational services. These included HIV education and confidential testing and counseling, basic primary care visits to evaluate chronic and infectious diseases, well baby check-ups, medication distribution, and health education.



SPECIAL FEATURE

Hurricanes and a Heroic Response

After hurricanes Eta and Iota carried away the homes and livelihoods of over 1 million people, Siempre Unidos supporters donated \$120,000 to purchase cookstoves, beds, roofing materials, and to re-build homes and small businesses that were destroyed.

Over the past year, Siempre Unidos staff donated their time to undertake a community needs assessment to identify highly-impacted families, buy, transport and deliver the relief items, and oversee the construction of new homes. As can be seen in the table, almost \$105,000 has been spent. The staff's scrupulous oversight will ensure the remaining funds will go to people with the highest need.

Quantity & Cost of Hurricane Relief Items

	Quantity	Cost
Families Helped by Rental Assistance	5	\$520
People Receiving PPE (masks, sanitizers)	486	\$524
Small Business Owners Receiving Funds to Re-start Businesses	4	\$2,556
Gas Stoves	41	\$2,931
Roofs Repaired	6	\$3,768
Construction of Clinic Drainage Ditch and Retaining Wall	1	\$10,125
Monthly Food Support for a Family	486	\$11,438
Beds	97	\$14,120
Houses Repaired or Reconstructed	18	\$58,630
TOTAL EXPENSES		\$104,612

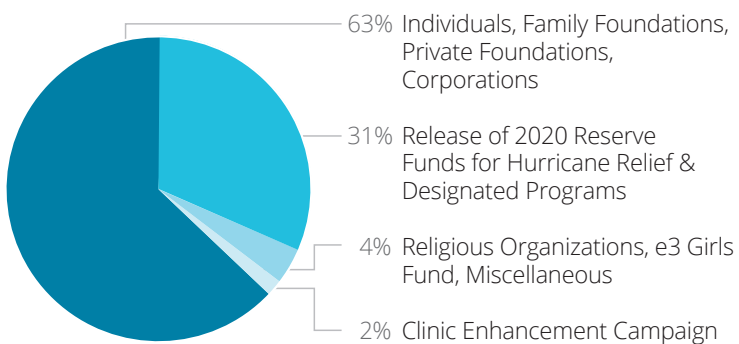


A Livelihood Restored

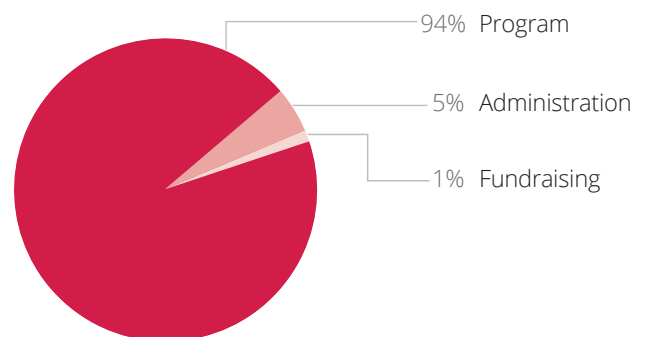
When the hurricanes hit the Sula Valley, hundreds of our patients suffered damage to their houses and loss of their ability to make a living. "Reina," a patient for over 10 years, supports her family by transporting goods and people. Her horse was swept away in the torrential rains. Using funds raised for hurricane relief, the Siempre Unidos staff purchased the horse seen pictured with her. Thank you.

FINANCIALS

INCOME



EXPENSES



In 2021, Siempre Unidos's cash-basis income totaled \$544,107.

Of this, \$166,887 was raised in the previous year for expenditure on hurricane relief and designated programs. Expenses totaled \$544,107.