

Dear Friends,

With your tremendous support, Siempre Unidos maintained high-quality HIV and primary care services at the 2 Honduras clinics while expanding education and treatment.

As you will read in this 2016 Annual Report, Siempre Unidos held 29 community-based fairs, a 59% increase over the previous year. The fairs featured primary care as well as HIV and hepatitis B education and testing. The staff found a high prevalence of HIV among the urban poor underscoring the need for these services.

Siempre Unidos successfully met the goals for the second year of our three-year 90-90-90 Campaign to limit the spread of AIDS in Honduras with superb leadership by the Board of Directors and generous donations from around the U.S.

Finally, you will see that The Rev. Pascual Torres, Siempre Unidos Honduras Executive Director, and the dedicated staff, initiated a new food support program for the 50 most impoverished and vulnerable HIV-positive patients. His greetings are included in this report.

With great appreciation for your support and friendship,



Denise M. Main, MD
Co-founder & President,
Board of Directors



Denise Main and staff visit an impoverished neighborhood to plan a health fair.

RAISING FOOD AND FUNDS



Nahun harvests tilapia from the San Pedro Sula clinic pond.

Every two to three months, Nahun, pictured here, dips the net into the clinic's pond to harvest a few hundred tilapia fish to feed patients and sell to neighbors and local markets. The tilapia pond is entirely self-sustaining as the fish repopulate the pond. To complement the meals, Pascual and the staff planted 65 Cabro chili plants and harvested over 2,000 chilis.

In addition to earning funds from the sale of extra fish, chilis, eggs, fruits and vegetables, the Siempre Unidos staff raised money through a month-long campaign, "Gift me a Lempira" (Honduran currency), Bingo and the sliding scale fees paid by patients. Altogether they raised \$32,552 to reinvest into clinic operations to cover food for patient meals, utility bills, building and vehicle maintenance, humanitarian aid and personnel costs.

BOARD OF DIRECTORS

Denise Main, MD, *President & Co-founder*
Elisabeth Fowler, *Treasurer & Director*
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Elliott Main, MD, *Assistant Secretary*
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Richard Schaper, *Director*
Pascual Torres, *Director & Co-Founder*

Amy Rankin-Williams, DrPH
U.S. Executive Director

The Rev. Pascual Torres
Honduras Executive Director

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CLINIC-BASED SERVICES

Constant Innovation and Renovation



Our San Pedro Sula nurse and physician prepare the recovery room for patients.

In February 2003, Siempre Unidos established one of the first three Honduran HIV treatment clinics. Since then, we continue to innovate to meet the medical and psycho-social needs of our patients at our two clinics in the cities of San Pedro Sula (population 1 million) and Siguatepeque (pop. 80,000).

In 2016 our clinics treated 428 HIV-positive patients, received 2,093 patient visits for primary care, held 396 counseling sessions and 24 support group meetings and served over 9,000 breakfasts and lunches. With the special fundraising of a Santa Barbara, CA teenager, 5 girls with HIV-positive parents received scholarships for middle and high school. The Overlook International Foundation supported a medical student from a San Pedro Sula slum, enabling her to continue to do well in her studies.

We launched the “Solidarity Bag” program to provide 50 HIV-positive patients suffering from high poverty and food insecurity with nutritional support and laboratory testing. The selection criteria included extreme poverty, low body mass index (BMI) and low CD4 count (sign of poorly functioning immune system).

We completed the renovation of our recovery rooms with the installation of new beds, air conditioning, washbasins, medical equipment, electric wiring, floors, doors and ceilings. These well-equipped rooms provide our patients – including babies needing rehydration fluids and HIV-positive patients suffering from health complications – with comfort.

ADVOCACY

Education & Rights for Commercial Sex Workers, Housewives and People Living with HIV

In June, Siempre Unidos marked the Day of the Commercial Sex Worker by hosting a dinner for 57 female and male workers. As Pascual wrote at the time, “It was a very moving celebration. Some had been part of the Siempre Unidos project for more than ten years now! Several stood at the podium to express their gratitude to Siempre Unidos.”

Siempre Unidos seeks to ensure that all people, especially those who are most vulnerable in society, are able to access information, defend their rights and have their voices heard. To this end, we organized 3 “Solidarity Marches” and 9 workshops on gender equity, gender-based violence, human rights and reproductive health reaching over 250 housewives, soldiers, commercial sex workers, male and female prisoners and members of the LGBT community.



Outreach staff, club manager and the U.S. Executive Director visit a dance club to educate about condom use and HIV.

OUTREACH

Over 2,500 People Living in High Poverty Communities Receive Health Care, HIV & Hepatitis B Screening

Siempre Unidos continues to expand its services beyond clinic walls with community-based health fairs delivering primary care like well-baby check-ups and blood pressure monitoring and HIV and hepatitis B education and testing. Over 2,500 people attended our 29 health fairs in 2016 held in high poverty neighborhoods and central parks and open markets. Twenty-five percent were tested for HIV; of these 14 people (2%) were HIV positive. Two of 643 people screened for hepatitis B received positive results (0.3%). Everyone was enrolled in treatment. Given the majority tested were adults living in high poverty neighborhoods, slums and villages, we will increase our screening in these areas in the coming year.



Clinic pharmacy manager fills prescriptions for patients attending a health fair.

Our other form of ongoing outreach is HIV education and testing with high-risk groups – commercial sex workers, prisoners, men who have sex with men, transgendered women and members of

the Garifuna community. After 12 years of collaboration, we have gained trust in these communities making it possible to carry out over 2,100 HIV screenings and distribute over 84,000 condoms. Among

343 prisoners tested, we found 3 were positive (0.9%). Two gay men of 106 tested received positive results (1.9%). No other members of these high-risk groups tested positive for HIV.

90-90-90 CAMPAIGN

Together We Can Limit the Spread of AIDS in Honduras

Two years ago, we launched our three-year 90-90-90 Campaign to help stop new HIV infections among high-risk groups and people living on less than \$2/day. We aligned our campaign with the United Nations global framework to test 90% of people for HIV, treat 90% of infected individuals with antiretroviral medications, and achieve low viral loads in 90% of those treated.



Home visit and education van transports staff to community health fairs and patient homes for checkups.

Hondurans have almost no options for confidential HIV screening. Using Gilead grant funding, Siempre Unidos offered over 1,800 HIV screens and provided support services to maximize acceptance of treatment and adherence to reduce viral loads.

Board members Elisabeth Fowler and Janet Brown oversaw successful drives to raise funds for the much needed vans pictured below. It has been especially heartwarming to see Christian and Laird Fowler, teenage sons of Elisabeth and Greg, assume active fundraising roles engaging their friends and families.

Learn more at:

<http://www.siempreunidos.org/donate/90-90-90-campaign/>



Mobile health van transports sick patients to our clinics and government hospitals and serves as a private site for HIV testing and counseling.



A Message from El Reverendo

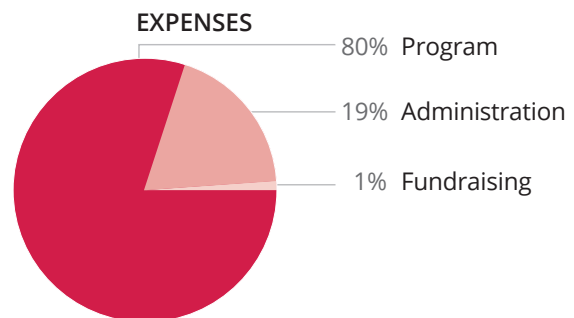
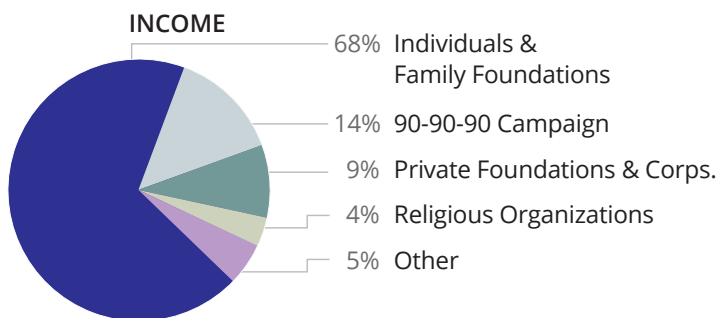
Siempre Unidos is full of life and growth. The boy and girl who came to us several years ago in need of HIV treatment are now young adults. We raise tilapia and chickens and grow fruits and vegetables to feed our patients and sell to the community. Our patients gain as much strength from each other as they do from the medications and healthcare we provide.

Thank you, amigos buenos, for your contributions to carry out all the services provided through this ministry.



Pascual and a volunteer at a health fair serving the Garifuna community.

FINANCIALS



In 2016 Siempre Unidos' cash-basis income totaled \$378,470 and expenses totaled \$354,233. The net income was raised as restricted income and will be released for program expenses in 2017.